

the

Issue 21, March 2016

ARMADILLO

UNIVERSITY OF NEW ENGLAND MEDICAL STUDENTS ASSOCIATION NEWSLETTER



UNEMSA

GPSN

ASPIRE

UNESS

NERCHA

AMSA

SOCIAL EVENTS

SPORT

CALENDER

Welcome to the new First Years and everyone else returning to sunny Farmidale this year, hope your start has been fantastic!

UNEMSA proudly presents to you our first edition of the Armadillo for 2016. A lot of hard work has been put into it, and I hope you enjoy!

So much has happened in UNEMSA since the last Armadillo, and I'd like to just quickly fill you in on a few things. Firstly, we are officially INCORPORATED! Yes, that's

right, now if you break a bone at a UNEMSA event (... Megan) you can't sue me anymore! A huge thank you needs to be extended to those on previous committees for putting in the work to get us to this stage. The official Incorporation Certificate is displayed in the MedCommo, so head on over and bask in all of its glory.

Secondly, our committee has been working hard to boost UNEMSA's online presence. Our lovely Paloma has redesigned our entire website and is regularly updating our Upcoming Events section. We've centralised the creation

of event pages through our 'UNEMSA Facebook Page', so you can subscribe and never miss out again. We've also created an Internal Social Media Policy for committee member's posts, and we'll be testing it out over the coming months in the aim to reduce any unwanted spamming.

On the advocacy front, we've been working with UNMS to draft a submission to the Australian Medical Council with feedback about the incoming MD program. Thank you to those who came to our MD forums and provided the comments used in the report. If you have any questions about this, or would like to see the report, send me an email at president@unemsa.org

Lastly, we kicked off the year in style with our usual First Incision and orientation celebrations. By the way the First Years demolished the bar tab, I can tell they're definitely going to fit in here! While we're on the subject, I'd like to warmly welcome Linna and John to our committee, your new first year reps! I hope you all have enjoyed yourselves thus far, hope you're keen for what we have in store this year!

DEAN'S WELCOME AND REPORT





Hello my fellow 1st year neonatals!

Just last month we were birthed into this tumultuous 5 year ride into medicine and though we're still trying to find our feet, I think we're settling in fantastically... From the large 63 person zygote we were, we seem to have already undergone mitosis and cleaved into our little cliques. Seemingly through differentiation the Albies kids found each other (and seemed to specialise into hepatocytes...), the townies grouped into the kidneys (since we take the piss out of all the college nerds), Wright have found their own neutral playing field, SJ has her own thing going on, and Mary White have crawled into the corpus collosum and just decided to die and bury themselves in their studies. Though it's so fun to have a go at each other for what essentially is our differing living environments, it's wonderful to see how – much like the polar differing cells in the human body – we all come together and form one amazing unifying body that will smash and conquer (heal and revive) as a medical cohort.

Since our official birth into the UNE Medical community at First (and Second) Incision, we've had a few memorable moments to put in our "Baby's Firsts Scrapbook" – from our first movements immortalized by Lachlan Brown's worm across Port

Macquarie Hotel Dancefloor, from trying to gain our necessary nutrients for Zyzz-like gainz (shout out to the pepper squad) to learning how to open our throats for boat racing (Adrian definitely being 100th percentile on that Denver Chart...).

And it seems we've already had some early bloomers into puberty – from that facial hair Moustache Ben already seems to be growing (NICE!), to Ursula's exploratory tongue at the 'Stro, to the fact Lachlan Brimson and Jane definitely have NOT hooked up, and some unfortunate exposures to friendly interactions between Tim and Prof Stewart (sorry, Rhiannon!).

These experiences are just a small glimpse into what we have to look forward to in the next five years.

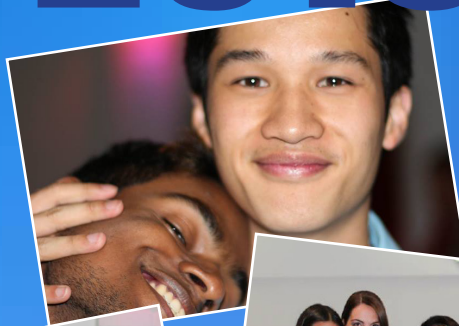
The next five years will be hard, they will be fun, and they'll be rewarding. Even after we get our degrees and become doctors, I'm sure our epiphyseal plates will never close because we won't stop growing as people. Even if we can't all be as studiously nerdy as Disha K, I think it's safe to say judging from the past few weeks – we'll be just fine :). If not, we can always be comforted by the fact we're superior to Newcastle (strictly geographically, of course).

By John and Linna.



EOYD 2015

End of Year Dinner provided a fantastic finish to 2015. A big thank you must go to Tim Keys for organising the event.



CONGRATULATIONS AGAIN, TO THOSE WHO RECEIVED AN AWARD

Keen Bean: Justin Chia

FIGJAM: Dan Jewiss

Where's Wally?: Tim Yee Joy

Clingwrap: Dan + Cia

Under the Thumb: Dan Jewiss

Cutest Couple: Amir and Alice

Couple You Want to Hate but Can't: Pat + Izzy

Most Emesis Inducing Couple: Katie Andrews and Harry

Rear of the Year: Alice Stuart

Bachelor of the Year: Tim Keys

Bachelorette of the Year: Hayley Collins

Most Committed to Herbal Medicine: Camila

Bob the Resume Builder: Jaffly Chen

Right Hand Man: Jack Loftus

Honorary Alice Stuart "We fuck deer" Award: Well...

Most Likely to Fall for a Patient: Sian

Most Likely for a Patient to fall for them: Tom Wright

Best Explainer of a Colonoscopy: Amir Taher

Best Bromance: Amir and Tim

Best Hoemance: Hayley and Shannon

Best Dressed: Casey Garnham

Best Chest: Rene

A/Profs Bitch: Morcos

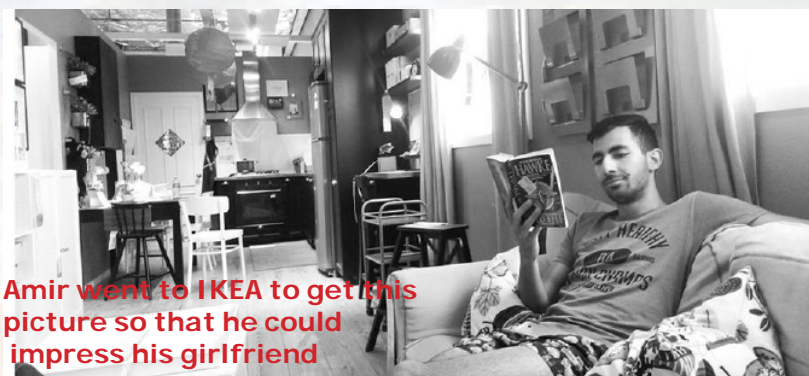
The 'Barbie' Award: Liv Adamo

Most Likely to be a DILF/MILF: Ally Hawthorne

Piss Cutter of the Year: Nick Schnitzler



2015 ended with a bang but, what did everyone get up to while they were anxiously anticipating the start of 2016...?



FIRST INCISION

The night started tamely, with the first years basking in the glory that is free MIPS drink bottles. However, with a large overcompensation on time, the freshers were left with an awkward 1.15 hour break, nearly as awkward as the drunken sexual tension between Henry Davies and Kiz Barnard.

Nonetheless, after moving down to the sanctuary of Booloominba, the night began to kick off, and the bar tab was well and truly exploited. In the words of Alex Buckley “If you didn’t get kicked out, then you weren’t going hard enough”. Sian Raubinger also lived her night by this slogan, even to the point of clearly outlining her mantra to the RSA bouncer, in true Red Party form.

The bouncer himself was also in fine form, racking up some impressive statistics for the night, including:

- 43 confiscated D-Floor drinks
- 27 warnings to 3rd years to not carry 4 drinks at once
- 7 hollow threats of calling the cops
- 3 accusations against Jono Seif of being the most cooked bloke in the building

Adrian “Coathanger” Varghese announced himself to UNE Med by hanging off every girl he could wrap his arms around. Some say that he plans to pull a very familiar med kid move, and chuck a complete 180 by quickly getting a girlfriend, settling down and not hitting on every mammal within a kilometre radius. In other news, the freshers seemed to have found their answer to Dean Boucher + Gabi Francis and Carmen + Bonnie, with Amy Allen and Sherman Lai, proclaiming themselves as “Best Friends for Life!” A moment of silence for Sherman. Battler of the event has to go to Lucy Hunter, who a night earlier faced a battle with the ground and came off second best. Honourable mentions to Issy Watkins, and Bonnie Lau, who made the unconscious decision to have an early night. Hats off the poor soul who agreed that Flat 7 has about as much class as colostomy bag, and decided to decorate the shower. Top of the suspects list was First Incision Veteran Alex Duller, however he was scratched from the list after it was discovered he was soberer than a nun at 9am mass. Another early suspect was ‘Pisscutter of the Year’ Nick Schnitzler.

However, he was unusually quiet for a change, deciding to keep his beer in his glass and not in his shoes. FizMits97 had already picked out a broom closet, but unfortunately the big dog could not be persuaded.

Many med kids used the night to show off a vast array of glorious fashion styles. John Shirley decided to save time and dress for the wedding he was attending the day after. Liv Adamo ‘lived’ up to her “Barbie Award” with some stunning pink pumps that were so bright that Rosey Chen needed to exit early due to early onset photophobia leaving her “blind”. Partay organiser Timmy Keys and Pres Dean Boucher looked super cute, pre organising matching costumes. Tim Yee Joy decided to actually show his face outside the walls of Mary White, with an outfit inspired by a Las Vegas magician. Finally Amir Taher was left with cold ankles after sporting some controversial 3/4 pants he had surely borrowed from Alice Stuart. Some say that when the RSA bouncer caught them in the back room, Taher was simply trying to return them to her.

Others showed off in different ways. The D Floor was constantly occupied by Praveen Ramchandani, who was showing the ladies of Med exactly how to cut shapes. Married man Jesse Petrascu revealed the freshest cut since Camila Singhai, after finally coming to the realisation that top knots went out of fashion a year ago. (Either he came to this realisation by himself or the wife put the foot down). Entertainment for the night was kindly provided by magician Steven Chung, who wowed the minds of many fresher and 2nd boys, leaving even the mighty mind of Daniel Morcos absolutely baffled. And fresher weapon Jen Peng displayed the fighting courage we love in Armidale, showing that doesn’t do things by halves, after being escorted from the premises not once, but twice.

With First Incision done and dusted for another year, let the following photos remind you of the mistakes and decisions that you prayed on Sunday morning you didn’t commit. Peace out, and see you in MedWeek.

Tim Keys, Social Convenor



PRECISION



O' C

This years freshers left for the magical land of Port Macquarie on Friday 11th March. The bus ride there was no peaceful journey as 'drunk Jane', Lachie, Bladrien and SJ powered their way through the first of the many goonies drunken that weekend. Once arrived at camp the UNE freshers immediately met and sized up their UON counterparts. With the first mentoring session down the social night began. The 'Americana' theme prevailed with everything from plastic rifles to donald trump impersonators. Unfortunately the night ended as quickly as it began with a series of events leading us to be kicked out of the first venue. However, the freshers still managed to get wasted, some more than others... *cough* Jane and Lachie *cough*.

The next day was challenge day and despite the severe array of hangovers, the med student competitiveness came out of most groups. Challenges included 'becoming' Syrian refugees, 'giving eachother AIDS' with red paint, building a Zika virus proof shelter and for the mentors, inhaling two weetbix as fast as humanely possible...without using their hands. After the challenges we all treked to the beach and spent the afternoon getting burnt and relaxaing before the next big social night. But before the annual

boat races could start off the night, a water balloon fight began, RIP to the 2000 waterballoons that were pelted that day. Also RIP to a couple of freshers' eyesight... lucky we had a doctor on call.

The inaugural boat races then began with some extremely close races. Shout out to John Shirley who clearly has absolutely no gag-reflex, pity he's not a girl... The police rocked up unsurprisingly. After some racers took a tactical munt, we moved onto the Port Mac Hotel to be welcomed by possibly the most bogan DJ in Australia. 'F**k yeah Armidale' was yelled by the guy between almost every song. Although the \$2 drinks turned some people to the ground quite quickly, we were luckily not kicked out as a group this time.

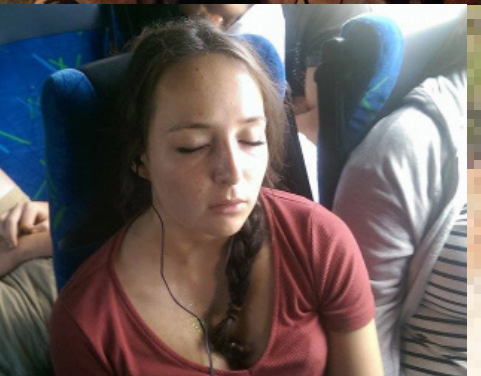
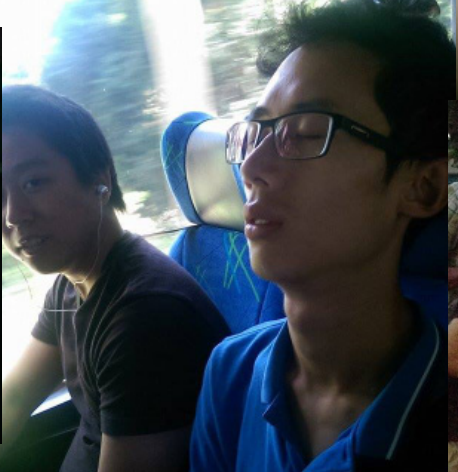
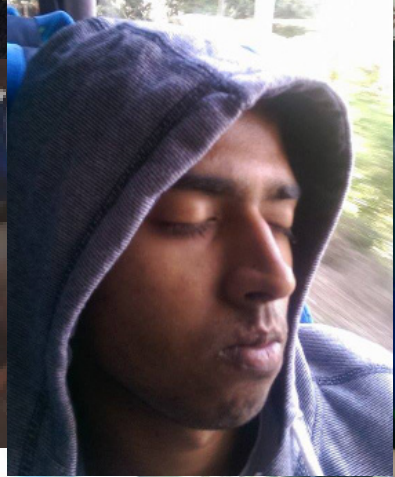
The next morning while looking worse for wear the freshers anxiously waited to hear who would win the annual awards. Shout out to Jane who won the award for 'Where the f**k is your frontal lobe', to Megan who won 'The mentor who went above and below' and to Adrian who won ***

The big weekend of HSPs, Fat Lam's and sneaky hook ups was a hit as clear by the number of narcoleptics on the bus back.

A big thank you must go to the UNE mentors that went along. and helped out!



CAMP





GPSN

GENERAL PRACTICE STUDENTS NETWORK

Breathing new life into General Practice

Hi guys! It's been a fantastic start to the year for GPSN! We've had most of first year sign up to our club, held elections for new members and we welcomed our brand new first year reps Jonathan and James to the team. So far, we've held a first year sign-up BBQ which was a huge hit, and continued with tradition with our annual and ever-popular photobooth with UNEMSA at First Incision.

We've still got many events coming up. From April 1-3 is the Futures of General Practice (FGP) conference, bringing together medical students, prevocational doctors and registrars from around Australia to hear about all the changes and direction that the specialty

will be taking in the coming years. On April 23, you can look forward to our joint Trauma Skills Day with AMSA, ASPIRE and UNESS, and we guarantee it will be a tonne of fun and a great learning experience. Keep your eyes peeled for opportunities to register for this! We'll also be holding an Indigenous Health Night on May 3 with NERCHA, so come along to hear about the experiences, joys and challenges of health workers in these rural and remote Indigenous communities.

There's so many events coming up, and we've been having a blast planning them for you guys! We hope you all enjoy coming along to them!

Lauren Yip, GPSN Chair



ARMIDALE STUDENTS PROMOTING INTERNATIONAL RIGHTS AND EQUALITY (ASPIRE)



So far 2016 has been an exciting and busy year for the new ASPIRE committee, with lots of events being organized in just the first few weeks of the year!

It all began in O week, where the new group of first years were given the opportunity to meet some of the members of our committee and find out more about our role, not only within the medical school, but the wider community as a whole. ASPIRE members could be seen working tirelessly to promote our group at all the introductory events of the year including UNE Lifesaver day, Surviving Med night and First Incision, just to name a few. Our main goal at these events was to spark a passion in as many people as possible about the global health issues impacting our society and provide as many avenues as possible for people to get involved with ASPIRE and in our various projects throughout this year.

We were also at the infamous JMP O'camp 2016! What an adventure. This year, Aspire and Wakeup! combined to run a number of stations at the annual challenge day. As ASPIRE, we took the lead on a station focusing on Zika Virus, an emerging mosquito born virus, you've no doubt all heard about from its heavy media presence and links to microcephaly in newborns. It was a hot day, and the sun was beating down as first years competing in teams, built 'Zika proof' shelters. Fighting for limited resources, the red and blue teams had to think of new and innovative ways to build a shelter that could house their whole team, was sturdy and would protect them from mosquitos. Throughout the day we saw incredible ingenuity, ranging from shelters made entirely from bins, to those crafted from bed linen. It was a fun and challenging day, and we'd like to congratulate all those who got involved. We'll definitely be back for more next year!

Then later this year you'll see the introduction of a new event called Trauma Day which combines the organizational efforts of all the SIGs and will be held on April 23rd. Our new Education Officer Natasha has worked alongside members of UNESS and GPSN to organize a day filled with many opportunities to learn about different responses to trauma.

On the mother's day weekend in May we are once again

holding the Maternal Skills Weekend, where people have the opportunity to assemble birthing kits to be sent to third world countries that suffer from a high maternal postpartum mortality rate. These kits are filled with items that are essential for the healthy delivery of a child and many of these items would otherwise be inaccessible to these mothers. This year for the first time, thanks to our maternal skills coordinator Taha, ASPIRE has been able to sell birthing kits online in order to increase the number sent overseas.

We are hoping to set a new birthing kit record this year and are looking for anyone interested in helping out to volunteer their time to assemble as many birthing kits as they can!

The start of 2016 has been both exciting and action packed and it doesn't look like slowing down any time soon! We have many more projects and events coming up in the future that promise to be bigger and better than before including all of the events above, more education events and our GHC scholarships which have just opened! We can't wait to see as many people getting involved!

By Felicity Goodes, ASPIRE Publications and Promotion Officer, in-conjunction with Natasha Hardikar, ASPIRE Education Officer



Are you looking to get involved with ASPIRE?

If you're thinking you'd like to help out at any ASPIRE event or you're just curious about how it's all run, feel free to contact our President Stormie de Groot to find out more! We're happy to work out ways for anyone to get involved with ASPIRE. The more the merrier!

Stormie: aspire.unemsa@gmail.com

Facebook: <https://www.facebook.com/ASPIREUNE/?fref=ts>

Instagram: <https://www.instagram.com/aspireune/>

Website: <http://unemsa.org/aspire>



University of New England Surgical Society



UNESS hit the ground running this year with the first batch of scrubs for sale. They went like hot cakes, but don't worry, a new order is coming.

Our biggest news right now is the recent approval from the UNE Rural School of Medicine to run Peer Anatomy Sessions in the anatomy lab. This idea was born from the deficit of an anatomy elective for first years. Having said that, anyone is welcome to come and do some revision. The dates will be as follows:

DATE	DAY	TIME
31-Mar	Thursday	2pm - 4:00pm
20-Apr	Wednesday	3pm - 5pm
3-May	Tuesday	12:30pm - 2:30pm
10-May	Tuesday	3pm - 4pm
19-May	Thursday	2pm - 4pm
25-May	Wednesday	2:30pm - 4:30pm

All the latest news will be on the UNESS Facebook page. Don't forget to wear closed in shoes (ballet shoes do not count – you will not be allowed entry if the top of your foot is showing), hair tied up, and some coloured pens and paper.

'UNESS Skills Day' at the Tablelands Clinical school on 19th March was a smashing success. We had a record number of skills stations –

our biggest event yet! We were fortunately enough to have local surgeons, doctors and 4th and 5th year UNE students Dan McGhie and Mel Stieler sharing their skills and knowledge.

Our next event is 27th May, and it won't disappoint. We have a Vascular Surgeon flying in from Sydney to teach us how to suture patches on aortas and teach us about, as well as stations on suturing flaps on pig faces!

Make sure you have liked our Facebook group to get all the up to date information.

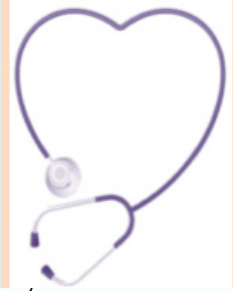
Happy suturing,

Rene Lazzaro

president@uness.org



NERCHA



NEW ENGLAND RURAL CLUB FOR HEALTH ALLIANCE

NERCHA had a wonderful start to the year, with two fabulous stalls at First Incision and Lifesaver Day proving great for sign ups and conning people into joining our committee! (Congratulations to Amy Allan and Anna Philip on being the latest medlings to come to the dark side!) We replaced our traditional Barefoot Bowls with a hungover First Incision BBQ, where our friendly committee took 10000 photo ops, and Ally Hawthorne auditioned to MasterChef with her egg cooking prowess!

Coming up soon we have Rural Health Careers Night, with a national celebrity making an appearance, and Naughty Nurse Night, when you can swap Medcest for Healthcest (insert wink face here)! Thank you to everyone who has come to our events so far and we look forward to seeing you for the rest of the year!



Exoh exoh
NERCHA Co-Chairs, Keira and Jaffly

GP

SYNERGY

advancing medical training



AUSTRALIAN
MEDICAL STUDENTS'
ASSOCIATION

Hello rangers! The ball is definitely rolling on the AMSA front as always, with lots happening both at UNE and out in the medical student community!

We started the year donning our bright orange gear for a slightly delayed but still fantastic first year orientation, giving them a small window into all that AMSA has to offer. Next came ThinkTank, and with ThinkTank comes free pizza. A whopping 40+ people showed up and we struggled to fit everyone in the common room! Some really great discussion on vaccinations, marriage equality, medical admissions and internships were had and will be brought to AMSA Council, where these opinions can then be actioned at a national level.

For the rest of the semester ahead, our very first AMSA Blue WEEK will be happening - to raise awareness and demolish the stigma that surrounds mental health, especially among medical students. Be on the lookout for BBQs, sports, the now infamous great comedy debate, and much more! Preparations for CONVENTION TSV16 are also well underway - registrations are on April 7 so get those fingers warmed up!

Finally, for all your latest AMSA news, join up to our shiny new facebook group - AMSA@UNE!

Love your friendly AMSA reps,

Kate and Rosey <3



amsa Upcoming Events

AUSTRALIAN
MEDICAL STUDENTS'
ASSOCIATION

Think Tank.....	Tuesday 15th March
Practice Rego	Thursday 31st March
Registration for Convention...	Thursday 7th April
AMSA Blue Week.....	26th - 30th April
Registration for GHC.....	Thursday 12th May
Convention.....	2nd - 9th July
Global Health Conference.....	26th - 30th August



Join our Facebook group [AMSA@UNE](#) for updates or contact Rosey or Kate!





NEW CASTLE 20 16

THE AUSTRALIAN MEDICAL STUDENTS' ASSOCIATION'S
GLOBAL HEALTH CONFERENCE
26 - 30 AUGUST 2016 NEWCASTLE

AMSA global health conference will be held in Newcastle 26-30th of August this year. Scholarship applications close April 30th and the conference registration date is May 12th. Talk to your AMSA Global Health Representative, or head to the website at newghc.com.au for more information.



SPORTS REPORT

UNEMSA Sport has seen a great start in 2016. The introduction of the UNEMSA Sports Jerseys has sparked bigger and better interest in UNEMSA's Sport Portfolio. So far we've seen:

- 4 UNEMSA Volleyball teams entered in the SportUNE team – The 'Beta Blockers', 'Competitive Antagonists', 'ACE Inhibitors' and 'Practice Safe Sets' have all seen a solid start to the season, and are definitely winning the competition for nerdiest team name!

- 3 UNEMSA Twilight Soccer teams: after a couple of heavy losses to start the season, inspired by some Jacqueline Phan heroics in goals, our men's and two mixed teams have bounced back to record some solid wins. And don't worry, Navid will be back from prac after Easter – so UNEMSA has no doubt seen their last loss for the season.

- ParkRun: the introduction of the UNEMSA ParkRun club this year has seen a fair few med kids battle the atrocity that is an 8am start each Saturday morning to run 5km around SportUNE. A shout out to Rene who managed the near impossible, running ParkRun the morning after First Incision.....amazing. Remember, the 5 runners that run the most ParkRuns by the end of the semester will get a free UNEMSA Sports Jersey!

- SportUNE Fitness classes: we've already got one BodyBalance class already under the belt for 2016. Many more to come – stay posted on Facebook and info in the med commo for upcoming classes.

Lots more to come throughout the year – for any more details of the following, hit up the 'Sports' tab of the UNEMSA website (www.unemsa.org)

- Drs vs. Students Charity Cricket Match (Sunday of Medweek) – why not come see VJ in his native habitat and help raise money for Deworm the World.

- UNEMSA Basketball – coming off their debut title last year, our men's team Rebound Tenderness are raring to go!

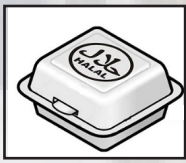
- UNEMSA Mixed Netball – (Wednesday nights starting at the end of April)

- Interyear Sports (Netty, Volleyball, Soccer and Dodgeball)

- Interfaculty Sport – a soccer match with the Law Society is in the works

Make sure you're doing something in UNEMSA Sport this year; come and have a kick, hit, shoot, stretch, balance, walk or run. Don't be left out!

Ed Brentnall, Sports and Wellbeing Officer



HSPs OF ARMIDA

Dear fellow Brothers and Sisters of the University of New England Joint Medical Program,

This review shall be a roller coaster of emotions. Starting off, lets just admit that the Hunter New England region is a mecca for dingos. There are a few things to look for when assessing the dingo-ness of a certain location:

- The kebab shop ratio per thousand
- The proportion of middle-eastern population within the location
- The ratio of utes and other large vehicles to Subaru WRX and Mitsubishi Lancers on any given street
- Average beard length (standardised for bikie, truckie and hipster beards)
- The number of Harambulances within the health department

Dingo-Dale only has two kebab shops (if you can even call them that) - either due to lack of demand or fear of food poisoning. Let's cut to the chase, here are the reviews for Dingo-Dale's best (and only):

ISPA: Mixed Snack pack with Garlic and Chilli

Greeting: 4/10 looked me in the eye with no mention of 'brother/baradar' and was fairly dry. I don't think his facial muscles are able to produce a smile. Either that or the emotional burden of serving mediocre HSPs for the past 6 years has taken a toll on his fiery enthusiasm for an ancient delicacy.

Signage: 6/10 fairly small sign but it was at the counter so can't really complain.

Chips: 9.5/10 Really fresh and warm, super nice and well salted.

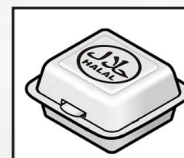
Meat: 4/10 He got the f**king meat out of some f**king metal container and I have 0 f**king clue how long it's f**king been there. It wasn't hot enough and was a bit dry.

Sauce: 6/10 The garlic tasted haramly like yoghurt but the chilli made the taste buds dance like Lachie Brimson on a night out.

Price: 8/10 It was \$8.80 with cheese which was decent for the serving size.

Overall: 6.5/10, It's good for this dingo-town but nowhere near the standard of western sydney.





Baba's Kebabs: Mixed Snack pack with Garlic and Chilli

Greeting: 5/10: She was nice (I guess) but regardless of many attempts to explain to her that we want our kebab over the chips, we still received a HSP with the chips rudely segregated to one side like the Christians in Egypt.

Signage: 0/10: There was no signage. I was as confused as an innocent fresher in an A/Prof Embryology lecture.

Chips: 7/10: alhamdulillah the chips were surprisingly crispy and warm, super nice and well salted.

Meat: 5/10: Again, the precious meat lacked the freshness expected. It was taken out of the mysterious metal container (which seems to be the go-to in Dingo-Dale kebab shops). While providing a satisfying feed, the Halal (?) meat struggles to compete against the delicacy that is a Western Sydney Kebab

Sauce: 6/10: Almost identical to that of ISPAs. The combination of Chilli and Garlic is sure to give you an irresistible craving to return, if the indigestion isn't too strong to keep you away.

Price: 4.5/10 A whopping \$13 for the Lot including cheese is definitely asking for a bit much, but the serving size is much larger than that of ISPAs.

Overall: 6/10



Overall, HSPs in Armidale are like holidaying in the Middle East - it's nice but you have to be careful. The major key to success is to go with low expectations. That way you'll be happily surprised and your pilgrimage will hopefully be accepted by Allah and you'll be well on your way to Jannah.



Townsville 2016

AMSA NATIONAL CONVENTION



where
members
matter

miga
ALWAYS



MDA National

Support Protect Promote

YEAR 3 MIDSEM BREAK

FIRST AMSA COUNCIL
YEAR 1+2 MIDSEM BREAK

YEAR 1+2 MIDSEM BREAK



MED WEEK

1ST YR MID-SEM EXAM

ASPIRE MEETING

HES NIGHT
5.30pm

UNEMSA PARKRUN 8AM

UNEMSA PARKRUN 8AM

NSWMSC LMS AND COCKTAIL PARTY

UNEMSA PARKRUN 8AM

AMSA BLUE WEEK !!!

GREAT COMEDY DEBATE

30th

31st

1st

2nd

3rd

4th

5th

A M C V I S I T

UNEMSA
PARKRUN 8AM

S T U V A C

6th

7th

8th

9th

10th

11th

12th

Y E A R 1 & 2 E X A M P E R I O D

UNEMSA
PARKRUN 8AM

Y E A R 3 E X A M P E R I O D

13th

14th

15th

16th

17th

18th

19th

Y E A R 1 & 2 E X A M P E R I O D

UNEMSA
PARKRUN 8AM

20th

21st

22nd

23rd

24th

25th

26th

Y E A R 1 & 2 E X A M P E R I O D

27th

28th

29th

30th

1st

2nd

3rd

Y E A R 3 S E M 2
B E G I N S

2 N D A M S A C O U N C I L

A M S A C O N V E N T I O N

A M S A B L U E W E E K !!!

GREAT COMEDY DEBATE

UNEMSA PARKRUN 8AM

NERCHA & GPSN INDIGENOUS HEALTH NIGHT

ASPIRE'S MATERNAL SKILLS AND BIRTHING KITS WEEKEND

GHC REGISTRATION

PRACTISE OSCE DAY

UNEMSA PARKRUN 8AM

ASPIRE MEETING

MEDBALL!

UNEMSA PARKRUN 8AM

NERCHA NAUGHTY NURSE NIGHT

UNESS CLINICAL SKILLS DAY

UNEMSA PARKRUN 8AM

A M S A N A T I O N A L L E A D E R S H I P D E V E L O P M E N T S E M I N A R

WOMEN IN MED COCKTAIL PARTY

UNEMSA PARKRUN 8AM

ASPIRE MEETING

A M C V I S I T

S T U V A C

UNEMSA PARKRUN 8AM

GPSN TAKE A BREAK NIGHT

THANK YOU FOR READING

